

SPECTRIX
Metaphysical Institute
BELIEVING TO KNOWING

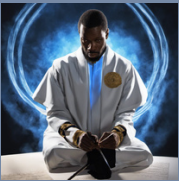


SPECTRIX
METAPHYSICAL INSTITUTE

Profile

We Believe The Science...We Know Our Experience

Our Services



Mind-Body
Practice



Research

Contact



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About Us

Spectrix Metaphysical Institute approaches the application of mind-body and CAM services from both a practice and research perspective.

Why Choose Us

We are in the business of providing mind-body and CAM services as well as educate our clients on our service work and work for them.

INFORMED & EFFECTIVE CAM CARE

Spectrix provides complementary alternative medical and mind-body services designed to meet the rigor of natural science to produce predictable, repeatable results.



WHY SPECTRIX?



ENERGY MEDICINE

Spectrix offers energy therapy to supplement any stress or pain management regimen



MIND-BODY

Our mind-body offerings allow for us to honor the connection between the two and heal both. Hypnotherapy and NLP help in achieving this goal.



MINDFULNESS

We offer our clients the chance to look inward through meditation and visualization to find clarity and establish focus.



BIOFIELD

Our biofield therapies focus on restoring balance and harmony within the mind and body. Addressing the subtle energy systems promotes stress reduction, and empowering clients in their transformation.

THE POWER OF THE CIRCLE OF CARE

- We believe in pairing our services with your existing traditional medical services .
- Our therapies are designed with your total care in mind.
- We utilize technology to enable Spectrix to communicate with your doctor - providing a comprehensive view of your total care.



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Carlton Johnson, PhD
Metaphysical Practitioner

EXPLORING NEW FRONTIERS IN PERSONAL CARE

As we seek to promote holistic healing, we find ourselves at the intersection of conventional medical science and complementary alternative medicine. Our aim is to integrate these approaches and provide more comprehensive, integrative solutions that address the multifaceted aspects of health and well-being.

EXPERIENCE

Carlton has been in CAM and mind-body practice for 5 years and counting!



TRAINING

Carlton has and continues to earn certifications in Neuro-Linguistic Programming (NLP), Reiki, Hypnotherapy, and Cognitive Behavioral Therapy (CBT).



EDUCATION

Carlton holds a Bachelor, Masters, and PhD in Metaphysical Science from the Institute of Metaphysical Humanistic Science (IMHS).



CRITICAL QUOTE

"The doctor is effective only when he himself is affected. Only the wounded physician heals. But when the doctor wears his personality like a coat of armor, he has no effect."

CARL JUNG, M.D.

Psychiatrist and Psychoanalyst



MENTAL MOTIVATION IN MOTION

UNLOCK YOUR POTENTIAL

The M3 program's ultimate goal and outcome is to cultivate a self-regulating mind-body system, empowering participants with a repertoire of on-demand strategies to enhance their existing coping mechanisms.



POWERED BY THE BEST IN MIND-BODY SOLUTIONS



Mind

The Mind is the stage and first ground where our most difficult work is done. Master the mind and you master your world!



Motivation

Carrying us forward are the reasons why we do - Motivation provides the fuel to move us from goal to goal.



Motion

Everything is motion...Everything is in motion. Motion is created where Mind and Motivation ultimately agrees.



**SPECTRIX METAPHYSICAL
INSTITUTE**

LET US HEAR FROM YOU

connect with us to find where
you are with what we offer. we
desire nothing more than to
serve you!



Email
INFO@SPECTRIXONLINE.COM



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Visit our website
WWW.SPECTRIXONLINE.COM

CONTACT US



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